



TEAM BUILDING **TOOL**

# Understanding your psychological Type, the TYPE of others and T.E.A.M Building

As individuals, there are many traits that make us unique!

These traits or preferences affect how we interact with each other and indeed the world.

Tapping into these traits and preferences can help managers understand their team members better, thus building a solid framework for effective team management.

At HCPA we have developed an exclusive tool that allows individuals to understand their own personal psychological types and identify those preferences in others.

During the T.E.A.M building session learners will achieve insight into their own communication style and how they can more effectively interact with others.

Based on the concept of intent versus perception, this course supports learners in discovering how they can self-motivate to achieve greater results, while also engaging more productively with their teams.

This understanding is crucial for organisations to develop a positive culture where communication is open, and conflict is reduced.



## What makes T.E.A.M different from other profiling personality tools?

T.E.A.M is a revolutionary profiling tool that goes beyond traditional personality assessments. Unlike other tools, T.E.A.M offers an online holistic assessment that creates a unique shape for each learner, guiding them through the discovery of the 4 main psychological types.

Through this tool learners can understand the key drivers of their type by identifying their strengths and opportunities, enabling them to work more effectively. In addition, T.E.A.M is an effective management tool as by learning each person's type you can discover what motivates individuals and how best to resolve conflict.

With T.E.A.M learners will gain a deeper understanding of how the 4 main psychological types are engrained in our culture, and how they can exist more harmoniously both in and outside of work.

Say goodbye to traditional profiling tools and hello to T.E.A.M – the ultimate tool for building stronger, more effective teams.

## What are the Personality Types ?





## T.E.A.M can help the individual

- Have a better understanding of themselves and how their behaviour can impact the team
- Be more confident when working with colleagues and clients
- Understand the behaviour of others within the team, helping to manage conflicts effectively
- Appreciate the qualities of other team members
- Understand the power of effective communication

## T.E.A.M can help the manager

- Understand their leadership style
- Have an insight into staffs personality type and what makes them tick
- Manage performance, and how best to conduct 1:1s
- Give an insight on the best way to manage individuals within the team

## T.E.A.M can help the organisation

- Create a positive company culture
- Improve communication
- To incorporate shared principles into other training
- Create an effective workforce
- Improve structural communication between all levels of staff

## The Escape Room

Test your teams ability to work together with our fun, interactive escape room.

Problem solving and effective communication are key to the teams success.

“

*A strength of the T.E.A.M is each individual member.  
The strength of each member is the T.E.A.M*

**Phil Jackson, Coach**

”

Broken down into different interactive problem solving exercises, only with effective communication will they solve the tasks at hand.

The Escape Room is a brilliant way to conclude your T.E.A.M experience, for more information on how we can tailor make your package, please get in touch today.







T.E.A.M Packages Available

# T.E.A.M Building Experience Day



## Location

Onsite at our Mundells Training Centre, Welwyn Garden City



## Cost

**Members:** £200pp  
**Non Members:** £250pp.



## Duration

1 day

Our team building tool-powered experience day is designed to help teams work more effectively together by utilising the strengths and talents of each team member. This fun and engaging experience day will culminate in the escape room challenge, where teams will have to use their collective strengths to solve puzzles and escape before time runs out.

Contact us to learn more about this unique team-building experience and take the first step towards a more productive and successful team.

## The Day:



### T.E.A.M Tool Indicator

The team building experience day will begin with the unique personality assessment to identify each team member's type and associated strengths and opportunities.



### Team Building Activities

The team will engage in fun and interactive team-building exercises that focus on understanding each team member's strengths and enhancing communication and collaboration.



### The Escape Room

Working together is the name of the game in this interactive and fun 'Escape room' challenge. Only with exceptional teamwork will they solve the riddles, unlock the puzzles and win their freedom, and all against the clock...





T.E.A.M Packages Available

# Bespoke T.E.A.M Building Tool Experience Event



## Location

Various venues available dependent on location requirements



## Cost

Prices will vary and can include:

- Venue (full day)
- Lunch
- Refreshments



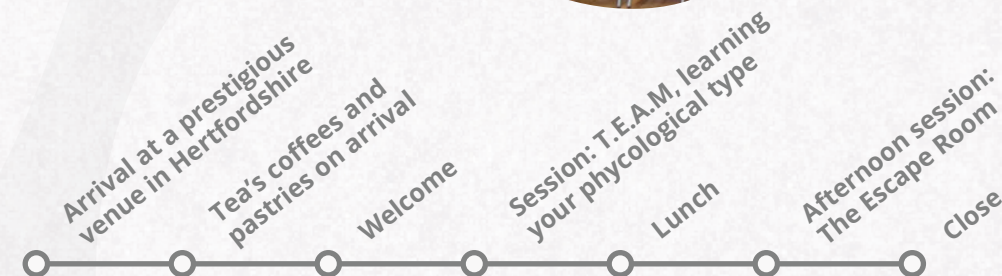
## Duration

1 day

Let us take the stress out of organising your team day for you! We have forged fantastic relationships with local venues and as such are able help you with the planning of the day.

## Bespoke Team event sample

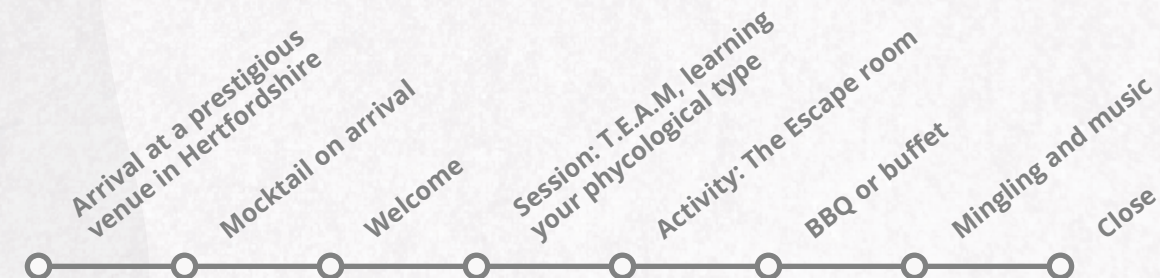
10:00am – 3:00pm



Our bespoke team days are the perfect opportunity for your staff to connect in stunning surroundings.

## Bespoke Team event sample

2.30pm - 8:00pm



We can arrange the following for you, the venue, catering, team building exercise and entertainment.



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