



### PPE Recommendation Summary

Type of Service	PPE requirements when providing personal care to a person symptomatic and with suspected or confirmed COVID-19, or when cleaning their room (symptoms may include coughing sneezing, diarrhoea, vomiting, shortness of breath. Temperature)  Personal care includes but not limited to assistance with washing and dressing, toileting, eating and drinking , shaving, oral hygiene , providing catheter care , positioning in bed, applying topical creams or medications	PPE requirements when undertaking other tasks when within 2 metres of a person with suspected or confirmed COVID-19	PPE requirement when carrying out a care or domestic task involving likely contact with blood or body fluids (giving personal care, handling soiled linen, emptying a catheter or commode) for someone who is not suspected or confirmed to have COVID-19
<b>Staff working in CQC Registered Accommodation Services including Domiciliary care and personal assistants</b>	<p>Type IIR face mask</p> <p>Gloves</p> <p>Apron</p> <p>Eye protection single use or reusable (check type) Provides a barrier to protect your eyes from respiratory droplets and from splashing of secretions (for example of body fluids, coughing or excretions such as vomit).</p> <p>Type IIR masks should be well fitting and cover nose and mouth and chin and not touched when worn</p> <p>Face mask to be removed after leaving the room (or cohorted area) Masks should be disposed of and replaced with a new mask</p>	<p>Type IIR face mask</p> <p>Gloves (if contact with blood or body fluid is likely)</p> <p>Apron (if contact with blood or body fluid is likely)</p> <p>Eye protection</p>	<p>Type IIR face mask</p> <p>Eye Protection</p> <p>Gloves (if contact with blood or body fluid is likely)</p> <p>Apron (if contact with blood or body fluid is likely)</p>



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	<p>Type IIR face mask should not be worn for longer than 4 hours</p> <p>Gloves, apron and eye protection should be removed and disposed of upon leaving the room</p> <p>Perform hand hygiene before putting on and on removal of PPE</p> <p>Type IIR face mask, eye protection , apron and gloves should be worn when escorting / supporting a resident with suspected or confirmed COVID-19 outdoors</p> <p><u>Residential Settings:</u> Masks should be changed between each episode of care and not used continuously for personal care.</p> <p>A fluid-repellent surgical mask (Type II R) must be single use and disposed of after giving personal care to each resident, and a new fluid-repellent surgical mask applied when giving personal care to another resident.</p> <p>A new fluid-repellent surgical mask must be used while providing personal care for different residents with respiratory symptoms or with a positive COVID-19 test. You should also remove and dispose of the mask if it becomes damaged, visibly soiled, moist or uncomfortable to wear.</p> <p>If you are wearing eye protection this will need to be disposed of if single use and replaced or if reusable cleaned</p>		
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	<p>and disinfected as per manufacturer instructions between use.</p> <p><u>Domiciliary Care:</u> Homecare workers should remove their face masks when leaving the home of a person they are caring for and a new mask applied when entering a different client's house.</p> <p>You should also remove and dispose of the mask if it becomes damaged, visibly soiled, moist or uncomfortable to wear.</p> <p>When providing care in the person's own home, eye protection should be removed when leaving the house</p> <p>Perform hand hygiene on removal of PPE</p> <p>You should ensure that you have enough masks for the duration of your shift.</p> <p>If you are wearing eye protection this will need to be disposed of if single use and replaced or if reusable cleaned and disinfected as per the manufacturer's instructions between use.</p> <p><u>Aerosol Generating Procedures:</u></p> <p>The following PPE must be worn when undertaking AGP's on a person with suspected or confirmed COVID-19 infection, or another infection spread by the airborne or droplet route</p> <ul style="list-style-type: none"><li>• Gloves</li><li>• Apron or gown (if risk of extensive splashing)</li></ul>		
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	<ul style="list-style-type: none"> <li>• FFP3 Mask – should be fit tested to the user and fit checked (as per manufacturer guidance )</li> <li>• Eye Protection</li> </ul> <p>FFP3 mask to be removed outside of the room where the AGP was carried out and disposed of and replaced with a Type IIR mask</p> <p>If undertaking an AGP in someone' s own home FFP3 masks should be removed and disposed of when leaving the house</p> <p>Perform hand hygiene on removal of PPE</p> <p>The following PPE must be worn when carrying out an AGP on someone who is not suspected or confirmed to have COVID-19 or another infection spread by airborne or droplet routes</p> <ul style="list-style-type: none"> <li>• Type IIR face mask</li> <li>• Apron or gown (if risk of extensive splashing)</li> <li>• Gloves</li> <li>• Eye protection</li> </ul>		
<p><b>Staff working in non-CQC Registered Accommodation Services</b></p>	<p>No need unless providing personal care, please refer above.</p>	<p><b>Type II R Fluid Resistant Mask-</b> Single use but can be used continuously up to four hours or should be removed and disposed if the mask becomes damaged, visibly soiled, moist or uncomfortable to wear.</p>	<p><b>Type II R Fluid Resistant Mask-</b> Single use but can be used continuously up to four hours or should be removed and disposed if the mask becomes damaged, visibly soiled, moist , or uncomfortable to wear.</p> <p>No apron and gloves required (unless you would normally use them for the</p>



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		<p><b>*Eye Protection</b> single use or reusable (check type) Provides a barrier to protect your eyes from respiratory droplets and from splashing of secretions (for example of body fluids, coughing or excretions such as vomit).</p> <p>Apron and gloves required (if contact with blood or body fluid is likely)</p>	<p>task you are doing, such as <b>domestic duties</b>)</p>
<p><b>Day Opportunities (inside)</b></p>	<p>Not required unless providing personal care, please refer above.</p>	<p><b>Type II R Fluid Resistant Mask-</b> Single use but can be used continuously up to four hours or should be removed and disposed if the mask becomes damaged, visibly soiled, damp, or uncomfortable to wear.</p> <p><b>*Eye Protection</b> single use or reusable (check type) Provides a barrier to protect your eyes from respiratory droplets and from splashing of secretions (for example of body fluids, coughing or excretions such as vomit).</p>	<p><b>Type II R Fluid Resistant Mask-</b> Single use but can be used continuously up to four hours or should be removed and disposed if the mask becomes damaged, visibly soiled, damp, or uncomfortable to wear.</p> <p>Apron and gloves required (if contact with blood or body fluids is likely)</p>



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		<p>Apron and gloves required (if contact with blood and body fluid likely)</p>	
<p><b>Day Opportunities outside</b></p>	<p>Not needed unless providing personal care, please refer above.</p>	<p><b>Type II R Fluid Resistant Mask-</b> Single use but can be used continuously.</p> <p><b>*Eye Protection</b> single use or reusable (check type) Provides a barrier to protect your eyes from respiratory droplets and from splashing of secretions (for example of body fluids, coughing or excretions such as vomit).</p> <p>Apron and gloves required (if contact with blood or body fluid is likely)</p>	<p>If staff are working outside and able to maintain two metres distancing at all times they do not need to wear a mask, but can if they wish</p> <p>If you are moving from indoors to outdoors and vice versa you should wear a face mask. This can be continuously for up to 4 hours (avoid touching your face) or replace sooner if moist , damaged or uncomfortable.</p> <p>If your service is offering no direct care support with others (such as skin to skin contact) staff shouldn't need to wear any of the other elements of PPE, such as aprons and gloves.</p> <p>Staff should ensure hand hygiene before and after mask wearing and if touching equipment that other individuals are also using.</p> <p>All equipment should be cleaned/disinfected before storing away or if others have been using</p> <p>If possible encourage the service user attending the service to also wear a face mask</p>



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			Promote hand hygiene
<b>Visitors</b>	Visitors who are providing personal care should wear appropriate PPE as above	<b>Same PPE as above to be worn</b>	<b>Same PPE as above to be worn</b>

\*Face masks should be worn by all care workers and visitors in care settings and when providing care in peoples own homes, irrespective of whether the person being cared for is known or suspected to have COVID-19 or not.

For visitors where there is a medical exemption - you may wish to ask for proof of exemption prior to entry. In circumstances where wearing a face mask causes distress to a resident, a face mask may be removed when a visit is not in a communal area of the care home, however other mitigations should be considered, including limiting close contact and increased ventilation

### Reference

[COVID-19 supplement to the infection prevention and control resource for adult social care - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/covid-19-supplement-to-the-infection-prevention-and-control-resource-for-adult-social-care)

[Infection prevention and control in adult social care settings - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/infection-prevention-and-control-in-adult-social-care-settings)