## Welcome

## **Homecare Provider Forum**

22<sup>nd</sup> November 2023

This Session will begin shortly

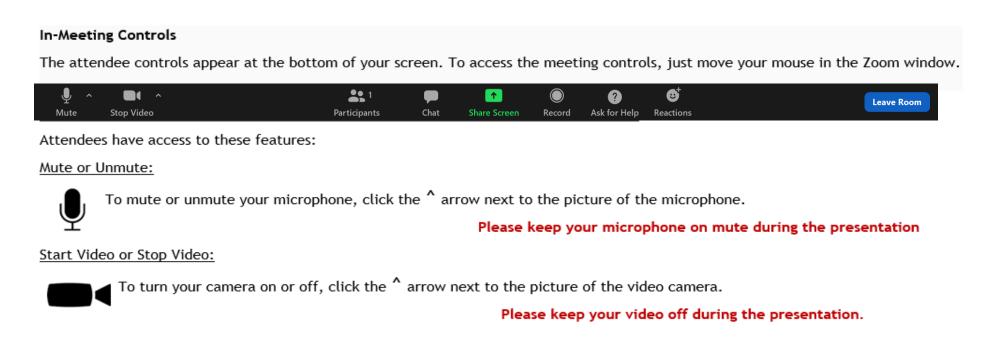






# **House Keeping**

- If you are in the wrong break out room, please click leave and select Leave Breakout room and you will be taking back to main event to be reassigned
- Microphones off unless asked to speak or speaking
- For questions, please add these to the chat box, we will come to these at the end, you may
  be asked to elaborate over the microphone





	Time
Intro	14:00-14:05
Hydration and UTI- Discussion	14:05-14:10
Action Planning	14:10-14:50
Break	14:50-14:55
Networking	14:55-15:25
Coproduction	15:25-15:45
Dementia Strategy and Feedback	15:45-16:00

# **Hydration and UTIs**

Good hydration (drinking enough fluid) is important for all of us for lots of reasons, including preventing dehydration.

Older adults can be at higher risk of becoming dehydrated and may need to remember to drink regularly throughout the day.

Dehydration is a serious condition which can occur when your body does not get enough fluid to meet your needs. Dehydration can be due to low intake of fluid (known as low intake dehydration) over a period of time. In people who are acutely ill it can occur over a short period of time

You can be at even higher risk of dehydration if you:

- are dependent on others for drinks
- have difficulty swallowing
- have diarrhoea and/or vomiting
- •have a high temperature (fever)
- •have not drunk enough after strenuous physical activity

How do you manage hydration during visits, and what would help you enhance support?









# Action Planning

Bryony Morris Head of Provider Monitoring and Assurance

Rene Rogers
Business Development Coaching Manager





## Contents

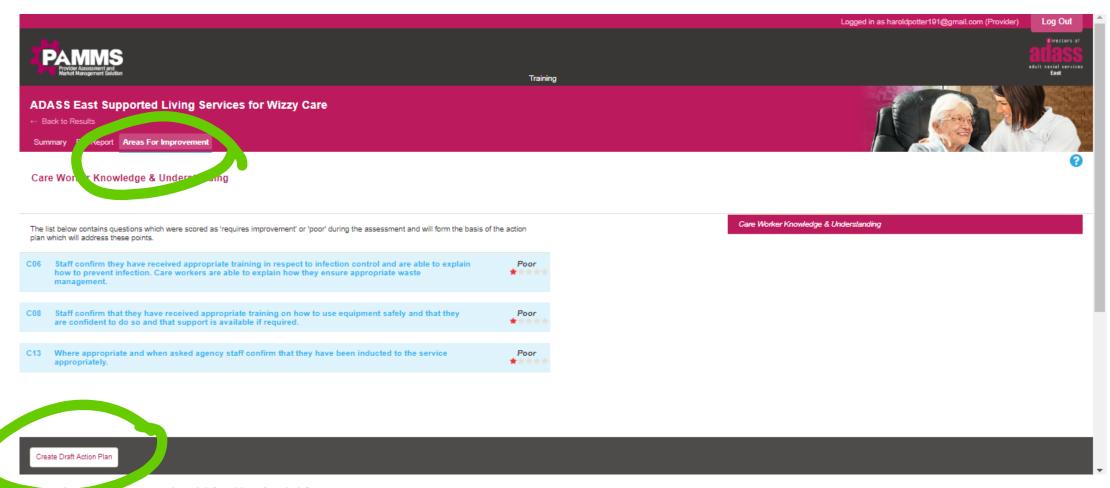
- Introduction
- PAMMs Action Plans
- Hints and Tips
- Service Action/Improvement Plans
- Questions

## Introduction

- Recognise that Providers often have a number of different action plan requirements
- Good action plans are essential for continuous service improvement and are reflective of effective governance and quality assurance practice
- Action Plans in PAMMs are an integral part of the monitoring process
- An effective action plan should demonstrate lessons learnt as well as how the service will ensure any change in practice has been embedded

#### Action plans are a contractual requirement:

Following a PAMMS assessment where a Provider is rated 'requires improvement', the Provider shall prepare a plan (an "Action Plan") using the PAMMS Provider Portal, and in accordance with 39.3.2, setting out the steps which the Provider shall take to ensure that each area identified within the PAMMS report as either requires improvement and / or poor ("Performance Default") is remedied, and does not occur again. The Provider shall set out the reasonable timescale within which the Action Plan shall be implemented identifying who shall be responsible for each of the action(s). The Provider shall prepare and submit the Action Plan via the PAMMS Portal to the Council within ten (10) Working Days of the report being published on the Provider's Portal, or such other time limit as specified by the Council



Click **New Action** to add an action to the Plan and complete the information.

- 1. **Description** describe the action which is going to be taken and how it is going to be implemented.
- 2. **Questions** tick all questions which are addressed by this action (more than one can be selected).
- 3. **Assignee** enter the names of the people responsible for managing the implementation of the plan (more than one can be added).
- 4. **Planned Completion Date** select the target date the Action should be completed by. Different Actions can have different Completion Dates.

#### Select Add Action

Select Submit Draft Action Plan when the plan is complete.

Once the Monitoring Officer has received your Draft Action Plan, they will review it. They will contact you if they need to discuss it further with you.

#### Once your Action Plan is approved:

- You can return to your Action Plan at any time to add information via the Comments icon
- The comment will automatically populate against all areas the Action has been linked with
- You can upload evidence via the Attachment icon please be mindful of GDPR!
- When an action is complete tick 'completed by provider'
- Once approved your Monitoring Officer will mark the action as Approved by Assessor
- Once the Action Plan has been completed click **Submit Action Plan**. If your Monitoring Officer is satisfied with it then a note will appear on your assessment explaining that Actions have been taken to address areas non-compliance which are now complete

# Hints and Tips

Consider a SMART approach:

**S**pecific

Measurable

**A**chievable

Realistic

**T**imely

- Ensure Actions address wider service improvements, not just the specific area identified!
- Ensure effective communication with your monitoring officer around expectations and if there is any delay expected
- Consider RAG rating your actions



How can I add value to the formation of my Service improvement plan/ action plan?

- Governance and quality assurance system reviews
  - Organisation chart roles and responsibilities
  - Supervision | spot checks | observation | appraisal trackers
  - Quality assurance tracker incorporating compliments | complaints | grumbles | safeguarding
  - Templates utilisation | evidencing compliance in daily notes | ensuring competency checking
  - Audits tool for continuous improvement activity
  - Feedback internal surveys | IFS | 6C's Culture Check
  - Recruitment & Retention induction process | international recruits
  - Link SIP in with PIR





Read me	Open	Complaint	Medication	Telephone	Dom Care							Included in Newsletter	
	Closed	Compliment	Lateness	Email	SL							Included in Team Meeting	
	On-hold	Grumble	Conduct	Bi-Annual Surveys								Formal Letter sent	
		Inncedent										Email sent	
		Accident										Shared with individal/famile	
		Near Misses										Shared with Staff	
		Annual Surveys											
		Safeguarding										Shared with HCC	
Quality	Assurance	e Management Too	l									Shared with CQC	
						©This form is the prope	rty of HCPA and must not b	pe copied or shared with a third party.					
Date	Status	Catagoni	Theme	Source	Service Type				Actions Required	Does this need to be escalated as a	Lossons Longot	Information shared with	Outcome
Date	Status	Category	meme	Source	Service Type			(Ensure as much detail as possible is recorded here)					(Enure outcome is recorded prior to
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Supervision, Appraisal, Spot Check and Oservation Matrix														
							Supervision	Staff Briefing						
Name of Organisation			Key:	Did not occur	Booked	Need to book	Completed	Completed						Need to action/ follow up (Note any outcomes to link into relevant staff meetings or refresher training)
Partime/ Bank														
Staff Name	Session Category	January	February	March	April	May	June	July	August	September	October	Novermber	December	Additional Comments / Actions
Name	Supervision	01/01/2023					02/06/2023	0207/23			Need to book		Need to book	i.e. 01/01/23: Issue raised that manual handling was not done correctly and the supervision form needs to be signed by staff member
	Appraisal			01/03/2023										01/03/23: Would like to be Medication Lead
	Spot Check/ Observation				01/04/2023		01/05/2023			01/05/2023		Need to book		
	Supervision													
Name	Appraisal													
	Spot Check/ Observation													
	Supervision	Not working	Not working											
Name	Appraisal	Not working	Not working											
	Spot Check/ Observation	Not working	Not working											
Name	Supervision	Not working	Not working											
	Appraisal	Not working	Not working											
	Spot Check/ Observation	Not working	Not working											



ACTION NO	entered on Plan	Source: CQC/ PAMMs/ HCPA	KLOE Standard / Pamms Ref	Category	Priority Red - High Amber - Medium Green - Low	ISSUE/S HIGHLIGHTED IN LAST CQC/ HCC INSPECTION REPORT (it would be a good idea to link it in with the relevant KLOE/PAMM's Code)	Describe clearly, corrective action To be Taken / Taken	ACTION OWNER	LEAD RESOURCE/S To implement change/s
#		i.e. Safe (tbc)	i.e. \$1.1		RAG	Reviewing and agreeing priority areas from CQC/HCC/CCG/HCPA action plans	Please use this column to also provide any updates (these should be dated i.e. 01/01/22: Newsletter to include Visiting Protocol)	Name/s	Name/s
1	dd/mm/yy	PAMM's		Care & Support Planning		MCA, training is needed and should have 95% compliance . A plan is needed to sustain ongoing training			
2		PAMM's		Training		Training Matrix is not currently fit for purpose (not user friendly, difficult to pull out key information for governance purposes)			
3		cqc		Recording and Reporting		Insight Mandatory training is not at a satisfactory level			
4		cqc		IPC					
5				Safeguarding					
6				Medication Management					



	PROGRESS RAG KEY: Enter Due Date		QUALITY Of EVIDENCE RAG KEY:			
	& % Complete		Poor Evidence			
	Not Started/ Overdue		Adequate Evidence			
G	In Progress		Good Evidence			
hcpa	Complete		Preparation, planning & evidence			
START DATE	TARGET COMPLETION DATE	Where can documents evidencing the action taken be found	Has lessons learnt been conducted? (Document dates and key learning)	Who is aware of this & How were they made aware?  (i.e. via newsletter/ documented in 09/09/23 team meeting minutes)	What was the Outcome	Additional Comments  Note how people who use the service/s will be affected by you not taking the corrective action
	dd/mm/yy 55%					
	dd/mm/yy 0%	Training Matrix, Trainers notes and competency tests, as part of spot checks and supervisions. Information to be made available on website and in the service users folder as well as via newsletters.				



# Any Questions?

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businessdevelopment@hcpa.co.uk





Creating a cleaner, greener, healthier Hertfordshire





# Co-production in Hertfordshire





## Co-production

Co-production is an approach where we bring people together to have their say on local services and influence how they may be delivered in the future.

This includes people who have used our services (known as 'experts by experience'), carers, voluntary sector organisations and our own staff.

By doing this we are creating equal partnerships between people who use services, their carers and professionals.







## Co-production









## Ladder of co-production





Co-design

Engagement

Consultation

Informing

**Educating** 

Coercion

#### **Doing with**

in an equal and reciprocial partnership

#### **Doing for**

engaging and involving people

Doing to

trying to fix people who are passive recipients of service





## The Basic Principles



Equality

**Everyone is equal and everyone** has assets

Diversity

We must be proactive about including people

Accessibility

**Everyone must have the same opportunity to take part fully** 

Reciprocity

People need to receive something back and to have shared expectations





#### Hertfordshire Model



- 5 Statutory staff
- 5 Experts by Experience
- 5 Voluntary Sector Representatives
- Co-chairs
- Meet quarterly
- Terms of Reference
- Hertfordshire Standards
- Task and Finish group (ad-hoc or board roles)





#### Why Co-produce?

- How would you know what people need from services if you don't work with them
- Whole system approach people use and receive support from across the system so we need to work together to make change
- Learn and develop your skills set
- Make new connections and build better relationships within the community
- Learn new ways of working to keep up with the ever changing demand and needs of the services





## What is in it for an Expert by Experience?

Training and self development opportunities

Their experiences will influence service design, improving services for the future

Meet new people

User Involvement fees/expenses

CV and references





#### Co-production Team

**Co-production Boards** – administrative support to boards

**Community Outreach** - Awareness of co-production to the public to ensure diversity across the boards and co-production projects

**Project support** – Promotion of co-production to staff to improve the use of co-production throughout the commissioning process/cycle, strategies and all other projects

**Delivery of Co-production Training** 

**Monthly Virtual Coffee Mornings** 





#### How to deliver co-production

Diversity and Equality are important to make sure that different experiences and views are being represented in a co-production exercise

- Face to face, Online, Phone calls, Surveys, Accessible Information
- Board roles, Workshops, Focus Groups, Task and Finish groups (there are long term and ad-hoc roles available)
- Community Outreach and Drop In sessions (promote diversity and inclusion)

Training and support are available via the Co-production Team



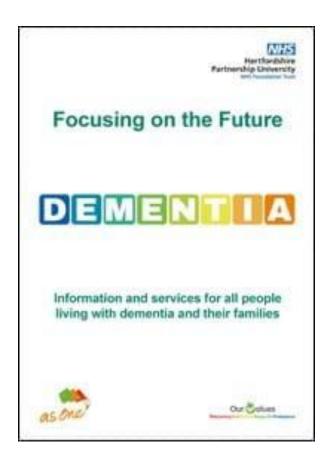


## Examples of co-production

Hertfordshire Dementia Strategy 2023 -2028

> Hertfordshire All Age Autism Strategy

Hertfordshire Direct Payment Support Service







#### Co-Production for Care Home Residents

How can we link residents within care homes so they feel part of the Co-Production process?





## Co-production Contact Details

#### Website:

Co-production in Hertfordshire | Hertfordshire County Council

#### **Email:**

coproduction@hertfordshire.gov.uk

#### **Telephone:**

01438 843708





# Michelle Airey

Head of Education and Quality Improvement









## **Hertfordshire Dementia Strategy**



2023-2028







Our vision is of a county where people affected by dementia have access to timely, skilled, and well-coordinated support from diagnosis to end of life, which helps achieve the outcomes that matter to them.



#### Our priorities

The following key themes were identified through our work with people affected by dementia, our voluntary sector partners, health and care professionals and providers.

These form the priorities for our Strategy and delivery plans:

- 1) Promoting Health and Wellbeing.
- 2) Enabling Equitable and Timely Access to Diagnosis.
- 3) Ensuring People with Dementia have Equitable Access to Appropriate Health and Care Services.
- 4) Supporting People Affected by Young Onset Dementia.
- 5) Supporting Carers of People with Dementia.
- 6) Preventing and Responding to Crisis.
- 7) Developing Dementia-Friendly Communities

Click here for full strategy details







#### **Feedback from Dementia Survey**

- 50% of respondents not aware of strategy
- 77% of respondents feel confident in using support services
- Identified a gap in awareness of different services available and how to link with local groups and day opportunities
- Need greater support for crisis and behaviour support
- Different expectations for crisis response and challenges with timeframes
- Different approaches and understanding of behaviour support
- 80% of respondents have received good dementia training but need further more detailed education needed for all staff
- Lots of useful resources identified across providers to be shared
- TNA- EOL, Medication and identifying signs of distress, deterioration associated with dementia key education areas
- Number of examples identified where provider is no longer able to meet the behaviour needs of the individual

Click here to complete in full if you haven't already







#### Add Homecare Charts







# Dementia Support Feedback

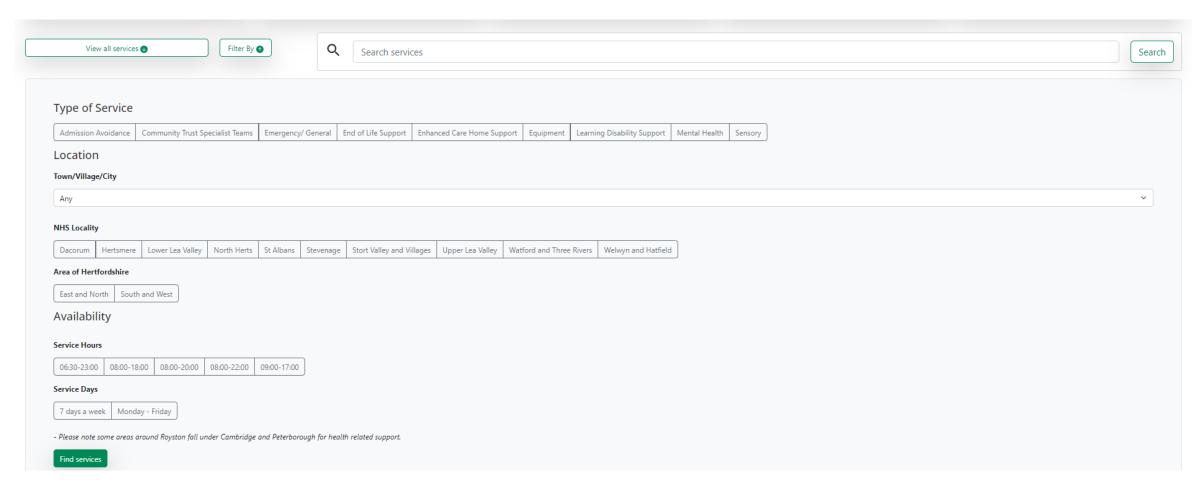
What challenges do you face and what support would you like to see?







#### Care Home Support Service Directory



**Service Webinar 6<sup>th</sup> November- Click here to book** 







#### **New Ways of Working**

Digital Records:

76% Hertfordshire Care Providers are using a DSCR

- New Delegated Health tasks
- Virtual Wards and Hospital at Home
- Interoperability across Health and Social Care
- Planning for new roles- Nursing Associate
- What else is new?

What does this mean and why it effects culture?





Achieving Quality
Recording and
Supporting Your Staff



# Recording in a Digital World Next steps

**SCAN ME** 



### **Delegated Health Care Tasks**

Person-centred, safe and effective delegation of healthcare activities to care workers can enable people to have more choice and control of when and how things happen, with an opportunity to provide a better

experience of care.

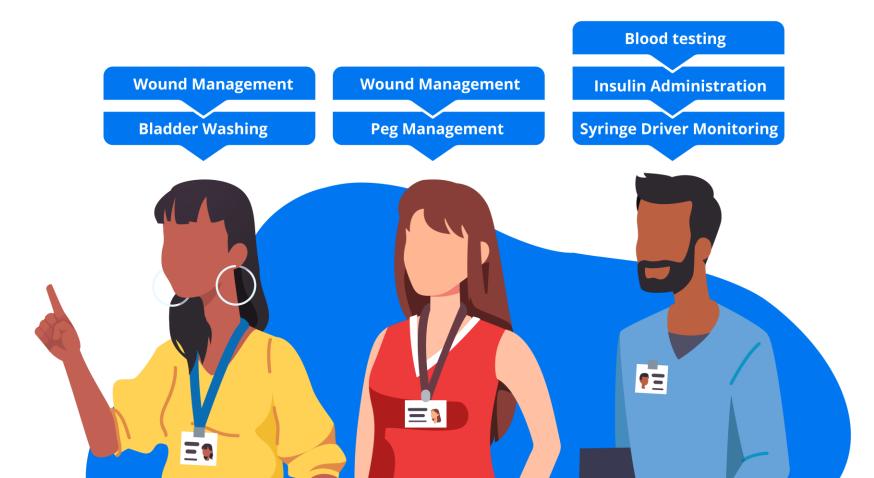
A delegated healthcare activity is an activity that a regulated healthcare professional, such as a nurse, nursing associate, occupational therapist or speech and language therapist, delegates to a care worker or personal assistant.



#### **Person Specific Tasks**

Delegated healthcare tasks are specific to the individual.

Care Staff should have further training and assessment to deliver a healthcare task they have already been trained on to a different individual.



## Why is this important?

- Safety
- Liability and Accountability
- ✓ Clear Governance
- ✓ Good system working
- ✓ Timely Care
- Career Development
- Clear roles and responsibilities in and out of service





#### What we're doing?

#### Stage 1

Survey- CQC Registered Services

#### Stage 2

- Identify Training Needs
- Identify required competencies
- Create Template policies, procedures and processes-Agreed across system

#### Stage 3

Guidance and Training



#### **Upcoming Events and Training**

<u>Data Protection: Roles & Responsibilities for Managers & Proprietors- 23<sup>rd</sup> November</u>







#### **ICB** Webinars

Webinar	Date	Time Link
Reducing Harm from Omitted and Delayed Medicines	27/11/2023	11:00 Register here
Self-administration of Medicines	04/12/2023	11:00 Register here
Hydration Prevention is better than cure!	06/12/2023	10:00 Register here
Medication Waste Reduction in Care Homes	11/12/2023	11:00 Register here
Constipation	13/12/2023	10:00 Register here





# Breakout Room Discussion

What do you want out of future forums?

What challenges are you facing and what support would you like to see?

Sharing any good practice?







## Feedback





