HEATWAVE CHECKLIST

Find below considerations that you as a care provider should be taking in relation to an extreme heat weather warning.



Management Considerations	Yes	No	Needs Action
Do you know which clients are most at risk from heat exhaustion and is this documented and available to all staff?			
Do you have a robust Heatwave Policy and subsequent procedures in place?			
Are all staff up aware of the organisations Heatwave Policy?			
Are staff trained in the signs and effects of heat stroke and heat exhaustion?			
Do you have sufficient staffing levels are in place?			
Client Care	Yes	No	Needs Action
Do you know which clients are most at risk from heat exhaustion and is this documented and available to all staff?			
Are there any changes to clients' treatments or medication that need to be implemented? Have their GP's been contacted or notified?			
Have you made staff aware of signs to changes in behaviour and what to look out for?			
Has clients personal care been taken into consideration? • Keeping hydrated, monitoring fluid intake • Keeping cool, wearing loose-fitting garments • Keeping clean, regular bathing if problems with perspiration.			
Environmental Factors	Yes	No	Needs Action
Are you regularly monitoring indoor temperatures?			
Do you have thermometers in place?			
Are areas well ventilated?			
Can windows that are in direct sunlight be shaded to cool rooms down?			
Is the central heating system turned off?			
Can clients access fresh water easily?			
Do you have pat tested fans and/or portable air conditioning units in place? Remember to use in line with Hertfordshire County Council Portable Fans guidance*			





