



Hertfordshire Care Providers Association (HCPA) is a unique award-winning company set up to support adult care providers within Hertfordshire to raise quality standards of care. We are a non-profit member's association. We support over 500 care organisations to improve the quality of care they provide across a variety of projects such as staff training and providing information and guidance. We also provide additional services and projects such as Recruitment, Impartial Feedback services and the Stop Falls Campaign.

We are now recruiting for a Health Promotion Educator. During the last year especially, we have seen a deterioration in people's mobility and functional ability. This role is vital to the care sector and will help to reduce the number of falls and therefore hospital admissions.

Why work for HCPA?

- Monday to Friday, 9am to 5pm, based out of our Welwyn Garden City office and training suite.
- An annual salary of £25,000 to £26,000 depending on experience.
- This is a 12-month renewable contract starting as soon as possible.
- High Street Discounts / Cashback and Care Academy Benefits
- Pension / Sickness Scheme
- Employee Assistance Programme
- 36 days holiday (Including 8 Bank Holidays)
- Annual Care Awards
- Team building days and team events.
- Free parking
- Friendly and supportive team
- Temporarily working from home due to COVID-19

What does the role of Health Promotion Educator involve?

Based in Welwyn Garden City, working within a team of 5, you will facilitate the smooth running of the 'Stop Falls Service' which is a fully funded education service we offer to Care Providers in Hertfordshire. You will be primarily working with and supporting care providers in preventing falls by delivering health promotion education and chair-based exercise qualifications to those working in care.

Your day-to-day duties will include:

- Deliver onsite support to care providers including falls education (falls prevention, frailty, enablement, UTIs) and/or exercise group set up with delivery and coaching. This includes the delivery of chair-based exercise virtually.
- Targeted Support Education. Complete Falls Organisational Needs assessments of care providers and create action plans, with booking education in Falls, Frailty, UTI and enablement.
- Promote Stop Falls education to locality stakeholders.



- Delivery of Chair Based Exercise qualification, including assessing.
- Develop and deliver open course education including (but not limited to) Falls, Frailty, UTI's, and enabling.
- Ensure that all practical delivery projects meet all milestones and follow best practice guidelines for delivery.
- Evaluation- Collecting and writing case studies (monthly), provide data inputting (Weekly) and providing reports on delivery of projects. Creating pre- and post-knowledge assessments.
- Liaise with the care manager/activity organiser to give pre-support information and post support feedback.
- Review all education resources for Stop Falls and make sure these are updated every 3 months, these changes will be reflected on the website and app. Resources include Falls, Enablement, Frailty, Sit Less Move more and future resources. Make sure these all are evidenced and have correct branding.
- Develop and deliver CPD exercise education for CBE instructors and engagement staff.
- Create social media posts to support education of staff etc to engage in education.
- Deliver new areas of education where needed for the sector, such as IPC/ PPE.

Am I the right candidate for the Health Promotion Educator position?

It is essential that you have teaching experience in health and social care, and experience in delivering group exercise sessions to vulnerable people. We are also looking for you to have:

- Previous experience of providing fitness-based activities is essential.
- Previous experience working with individuals with cognitive or physical disabilities is essential.
- Previous experience providing care within a health and social care setting is advantageous, a minimum requirement would be a passion for supporting health and social care settings.
- A degree in Sport Science, Nutrition or similar is desirable.
- A willingness to work with clients with various needs including frailty, dementia, learning disabilities, and physical disabilities.
- A willingness to complete the Level 4 Postural Stability Instructor, Education and Training Level 3 and CAVA, Promote Nutrition and Hydration Level 3 Unit qualifications, and any other training deemed relevant to the role once started with HCPA.
- Excellent communication skills, both written and verbal.
- Full UK driving license and own care for travel around Hertfordshire.
- Be fit and able: this job requires activity, and you must be able to partake in exercise routines, moving and handling training and other physical activities.

If you are interested in the Health Promotion Educator vacancy and feel you have the relevant experience, please apply now. You can see more of what we do at www.hcpa.info/

We will be looking to fill this vacancy as soon as possible.

Do you drive and have your own car?



YES / NO

Desired answer: Yes

Do you have experience teaching in health and social care?

YES / NO

Desired answer: Yes

Do you have experience delivering group exercise sessions to vulnerable adults?

YES / NO

Desired answer: Yes

Do you have a Sport, Nutrition or similar degree?

YES / NO

Desired answer: Yes