

## ***Bugsy McGnome is back!***

*Thank you for having me and helping to raise the profile of adult social care.*

*After my exciting adventures in January, I am looking forward to getting involved with your summer plans!*

*I can't wait to join in with your activities and events so we can show Hertfordshire the great work that is happening across Adult Care.*

**#GoodCare**  
**#GoodCareMonth**



- Take me with you to visit a client in their own home. Perhaps I can help your client make a cup of tea, do some gardening, or sit and have a chat with you both.
- Let me join in when there is a family or friend visiting a resident. Whether they are having a chat, playing a game, or completing an activity together, I would like to find out more about what Good Care means to both the resident and their family member.
- Can I join your ancillary staff? Why don't we show people that there is more that goes on behind the scenes in care settings that plays a huge part in the smooth running of your facility. Perhaps one of your housekeeping staff needs some help making the beds or your chef might need some help making a residents birthday cake?
- I love to be outdoors. If you are doing any activities outside, then make sure you take me to join in the fun! Perhaps this involves, sports, gardening, or even a barbecue? I'm in!
- Exercise session? Count me in! Chair based, standing or anything in between, it's great to show how important staying active is to improve mobility and reduce the risk of falls.
- Are you going on an outing? Please take me along with you. I would love to show the public the variety of activities that happen within Adult Social care settings.

***Don't forget to include clients and staff in the photos and videos!***

**In between activities, please sanitise me. I have arrived with some antibacterial spray. Whatever you are doing, do not forget to take photos, videos and send them to HCPA alongside an explanation of what was going on!**

**We are using my travels to promote careers in care and challenge people's perception of working in care. Please provide first names, stories and even quotes!**

*Visit [www.hertsgoodcare.com/campaign](http://www.hertsgoodcare.com/campaign) to submit your photos, videos and stories. You will also need to provide consent for us to use your photos and videos. Please note this is just a guide, we would love to see what ideas you come up with too!*