

## COVID-19 Care Home Competency

Employee Name:

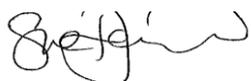
Hand Hygiene	Competent	
	YES	NO
1. Advise watch slide deck 1	X	
2. Advise handwashing physically removes the virus	X	
3. Advise gelling physically kills the virus	X	
4. Advise hand gel should not be used on dirty hands	X	
5. Advise commonly missed areas – fingernails, wrists etc	X	
6. Advise not possible to wash hands properly if wearing watches, rings with stones or jewellery – strongly advise to remove	X	
7. Advise to either do handwashing or gelling – no need to do both	X	

Donning PPE	Competent	
	YES	NO
1. Advise staff to prepare themselves – well hydrated, gather all equipment, long hair tied back.	X	
2. Show staff PPE: disposable apron, fluid-resistant face mask, eye protection and gloves	X	
3. Advise if need PPE training for aerosol generating procedures to contact CCG Infection control team to arrange	X	
4. Advise PPE should be put on <b>before</b> entering the resident's room	X	
5. Perform Hand Hygiene	X	
6. <b>Don apron</b> Open fully to ensure as much coverage as possible	X	
7. Tie waist ties behind back	X	
8. <b>Don Mask</b> Demonstrate front/back top/bottom	X	
9. Tie bottom strap first or use a buddy	X	
10. Tie top strap re-adjust bottom strap if required	X	
11. Press firmly along nose piece	X	
12. Ensure mask is pulled right under chin	X	
13. <b>Don goggles or face visor</b> Place over face and eyes; adjust to fit	X	
14. Advise if entirely plastic can be cleaned. If foam/elastic must be single use	X	
15. <b>Don gloves</b> Ensure correct fit	X	

Doffing PPE	Competent	
	YES	NO
16. Advise this should be done whilst still in residents room	X	
17. <b>Remove gloves</b>	x	

18. Grasp outside of glove with opposite gloved hand, peel off	X	
19. Hold removed glove in gloved hand	X	
20. Slide fingers of un-gloved hand under remaining glove at wrist	X	
21. Peel glove off over first glove	X	
22. Discard in bin. Gel hands.	X	
23. <b>Remove apron</b> Break neck ties and lower down	X	
24. Break waist straps behind back	X	
25. Peel the apron forward, only touching the inside of the apron	X	
26. Fold or roll into bundle and discard into bin. Gel hands	X	
27. Masks and Eye Protection can be used sessionally and do not have to be replaced after each episode of care. All masks and eye protection must be removed outside the room, please check if your eye protection is single use (i.e. goggles with elastic straps single use.)	X	
28. <b>Remove eye-protection</b> (When you leave the of room, unless sessional) Handle by head band or earpieces – do not touch the front	X	
29. Keeping head up, close eyes and gently lift away from face.	X	
30. Place on wipe-able surface. Gel hands	X	
31. <b>Remove mask</b> (When you leave the of room, unless sessional) <b>If wearing glasses, remove and place on wipe-able surface</b> Fully un-tie bottom strap	X	
32. Maintaining tension untie top strap.	X	
33. Keeping head up, close eyes and gently lift away from face and discard	X	
34. <b>Wash hands</b>	X	
35. Clean eye protection and glasses with green Clinell wipe.	X	
36. Wipe down surface with green Clinell wipe	X	
<b>Other</b>		
	<b>Competent</b>	
	<b>YES</b>	<b>NO</b>
37. Recognises own scope	X	
38. Aware not to amend or add to the training	X	
39. Aware to refer to local CCG Infection Control Team if further advice required	X	

<b>Comments or follow up options</b>		



19.05.20

Date

Trainer Signature

***\*The trainer has signed the competency document based on the demonstration by the individual staff member at the assigned date and takes no responsibility of practice outside of this session.***

***\*\* Liability of correct PPE and IPC competence is the responsibility of the Service Manager and the individual, not that of the Trainer.***