




















Coronavirus

	<p>Coronavirus is a new illness.</p>
	<p>The signs of coronavirus are like other illnesses such as a cold or the flu.</p> <p>This might mean you may have</p> <ul style="list-style-type: none"> • a cough • a high temperature • or find it hard to breathe <p>These signs do not mean you have coronavirus.</p>
	<p>We do not know much about the coronavirus at the moment.</p>
	<p>Call 111 if you think you might have coronavirus or if you have been with someone who has coronavirus.</p>
	<p>You should call 111 if you have been away to the places where people have had coronavirus.</p> <p>If you are unsure go to this website:</p> <p>https://www.nhs.uk/conditions/coronavirus-covid-19/advice-for-travellers/</p>

How to stop catching or spreading germs

	<p>Cover your mouth and nose with a tissue when you cough or sneeze.</p>
	<p>Put used tissues in the bin straight away.</p>
	<p>Then wash your hands with soap and water straight away. Learn how to wash your hands from the Purple All Stars: https://vimeo.com/134952598</p>
	<p>Try to stay away from people who are unwell.</p>
	<p>Unless you have just washed your hands you should try to not touch your face.</p>
	<p>If you have called 111 about coronavirus, you may be asked to stay away from other people. This may be called self-isolation.</p>
	<p>This means you should stay at home and cannot go out.</p>

What does self-isolation mean?

 <p>Workplace</p>	<p>Do not go to work, school or public places.</p>
	<p>Do not use a bus, trains or taxis.</p>
	<p>You may need to do this for up to 14 days and the NHS will give you further advice if this needs to happen.</p>
<p><u>If you have coronavirus</u></p>	
	<p>Antibiotics do not help, as they do not work against viruses.</p>
	<p>There is no treatment for coronavirus at the moment. You will be given treatment for the symptoms.</p>
	<p>Some people can have coronavirus but have no symptoms.</p>
	<p>You will need to stay away from other people until you are better. If you are supported by carers please see this advice: Click here.</p>