# ACS Early Intervention Vehicle (EIV) Teams Webinar for Home Care and Supported Living Services

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#### Aims

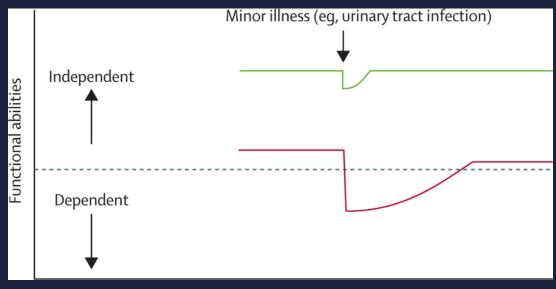
- Summarise why prevention of hospital admissions matters
- Overview of NHS Urgent Community Response and EIV teams across Hertfordshire
- Summarise referral pathways and available support from EIV Teams to individuals and care providers
- Provide details of inclusion and exclusion criteria and how care providers can refer
- Questions



# Prevention of admission

#### What is frailty?

"It describes how our bodies gradually lose their in-built reserves, leaving us vulnerable to dramatic, sudden changes in health triggered by seemingly small events such as a minor infection or a change in medication or environment." (NHS England)





#### Prevention of admission cont.

Why is hospital detrimental for people living with frailty (Boucher et al., 2023)

- Deconditioning ("Pyjama Paralysis")
- Loss of functional ability
- Continence issues
- Delirium
- Risk of infection
- Loss of confidence





#### Prevention of admission cont.

Financial cost on health and social care services (The Kings Fund, 2023):

- Ambulance trip to A&E £367
- Complex investigation and treatment at A&E £418
- General ward (cost per day) £587
- 1 week stay in hospital costs the NHS approx. £4894

Following discharge the costs continue to rise:

- Additional care needs
- Therapy intervention



# Mrs Andrews



# Urgent Community Response (UCR)

- EIV sits as part of Herts and West Essex ICS UCR services
- UCR first touted in 2019 as part of the NHS Long Term Plan Provides national framework for a 2 hour response to adults over 18 in their usual place of residence with view to avoiding admission to hospital (NHS, 2022)
- Requirement for UCR across all ICS areas from 2023 with data on response times reportable to NHS England



# What Exactly is an EIV?

- EIV are actual vehicles (or vans) that attend to individual's homes
- EIVs aim to have 1 health professional and 1 social care professional both acting in an interdisciplinary practitioner role
- EIVs provide an integrated health (reactive) and social care (proactive) assessment and immediate intervention
- EIV carry equipment to help individuals who have fallen and may not be able to get up from the floor
- EIVs work closely across all ACS teams (OP, ADS and IDT) to provide a clear set of recommendations for crisis management including commencing or altering existing packages of support



# East & North Herts EIV

- Collaboration between HCC and HUC, working closely with Herts Community NHS Trust (HCT)
- Covers the districts of Broxbourne, East Herts, North Herts, Stevenage and Welwyn Hatfield.
- Operate 08:00-20:00 7 days week
- Aim to provide 3 EIVs Mon-Fri and 2 EIVs weekends and bank holidays
- Works in partnership with wider Hospital at Home service provided by HCT, and operationally aligned with Community Rapid Response Team for older people in HCC
- E&N Herts EIV referrals should be made through HCT integrated single point of access on 03001237571 (Option 3, then Option 2) or via calling NHS 111

# Herts Valleys EIV

- Collaboration between HCC and Central London Community Healthcare NHS Trust (CLCH)
- Covers districts of Dacorum, Hertsmere, St Albans, Watford and Three Rivers
- Operate 08:00-18:30 7 days week
- Aim to provide 2 EIVs Mon-Fri and 1 EIV weekends and bank holidays
- Co-located with wider rapid response teams for CLCH and HCC
- Herts Valleys EIV referrals should be made through CLCH referral hub: 0300 020 0655 (option 2)

## EIV Inclusion / Exclusion

Generally unwell or not coping

Care breakdown

Inclusion	Exclusion
Any patient registered with a GP practice within Hertfordshire age 18+.	Anyone who has a 'red flag' or emergency condition e.g. heart attack, significant fracture, stroke symptoms, chest pain, severe shortness of breath, loss of consciousness, head injury following a fall and on anticoagulants (blood thinners)
Any patient who is in crisis and at <b>risk of hospital admission</b> . This could include:  - Falls  - UTIs  - Minor wounds  - Acute non-injury pain	Anyone experiencing a mental health crisis
	Patients experiencing a social care breakdown which would not result in hospital admission
	Anyone who does not require crisis intervention e.g.

requires routine care for a long-term condition, physio

#### Health Assessment

- Full subjective history
- Full set of baseline observations (Blood pressure, Heart rate, O2 Saturation, Blood sugar, Temperature)
- ECG if required
- Top to toe assessment
- Blood testing
- Minor wound care
- Pain relief or antibiotic medication (in conjunction with GP colleagues)

# Lifting Equipment

EIVs have range of moving and handling aids to support someone getting off the floor:

- Handling belts
- Slide sheets
- Banana boards
- Manga Elk lifting cushion
- Raizer chair



#### EIV Social Care Assessment

EIV assessment sit outside of usual Connected Lives framework, however, remain fully informed by the underpinning practice principles of Connected Lives. They are multifaceted and include:

- Summary of health assessment
- An assessment of person's mobility, falls history, environment and identifying any equipment or functional assessment outcomes
- A social care assessment. This should be concise and proportionate to the circumstances of the individual, taking account of the following:
  - The person's desired outcomes and strengths
  - Identifying support networks in place
  - The person's ability to carry out Activities of Daily Living
  - Differentiating immediate risks and needs with longer term care and support planning
  - Identification of any carers
  - A professional analysis

#### EIV Social Care Assessment Cont.

- The person's views on assessment and plan, and where appropriate their family/representative.
- Where necessary a professional opinion on individual's capacity to consent to EIV assessment and where required a best interest decision recorded.
- A summary of identified risks and needs (acute and longer term)
- EIV plan to address identified risks and needs

## Functional Assessment.

- Core EIV function is completion of functional assessment
- EIVs carry selection of standard equipment stock from HES and trained to issue and install:











# Mrs Andrews... what went wrong?



# Mrs Andrews- What if the EIV had been called instead?

- EIV would provide a timely response (2 hours target)
- Conduct an initial assessment for any obvious injuries
- Use Raizer Chair to support off the floor
- Undertake wider health assessment
- Review mobility and complete functional assessment
- Consider socal care needs for Mrs Andrews and her husband as a carer
- Ensure immediate interventions are put into place
- Ensure there is an agreed transfer of care into relevant health, social care and universal/community services.



# Elsie's story (all starting with the EIV)



# Questions to you all

- Having heard the details today do you feel confident that you and your staff will be able to utilise the service?
- Is there further support you need to understand the offer?
- Can anyone tell us about experiences you may have already had with EIVs?



# Questions for us???





## References

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