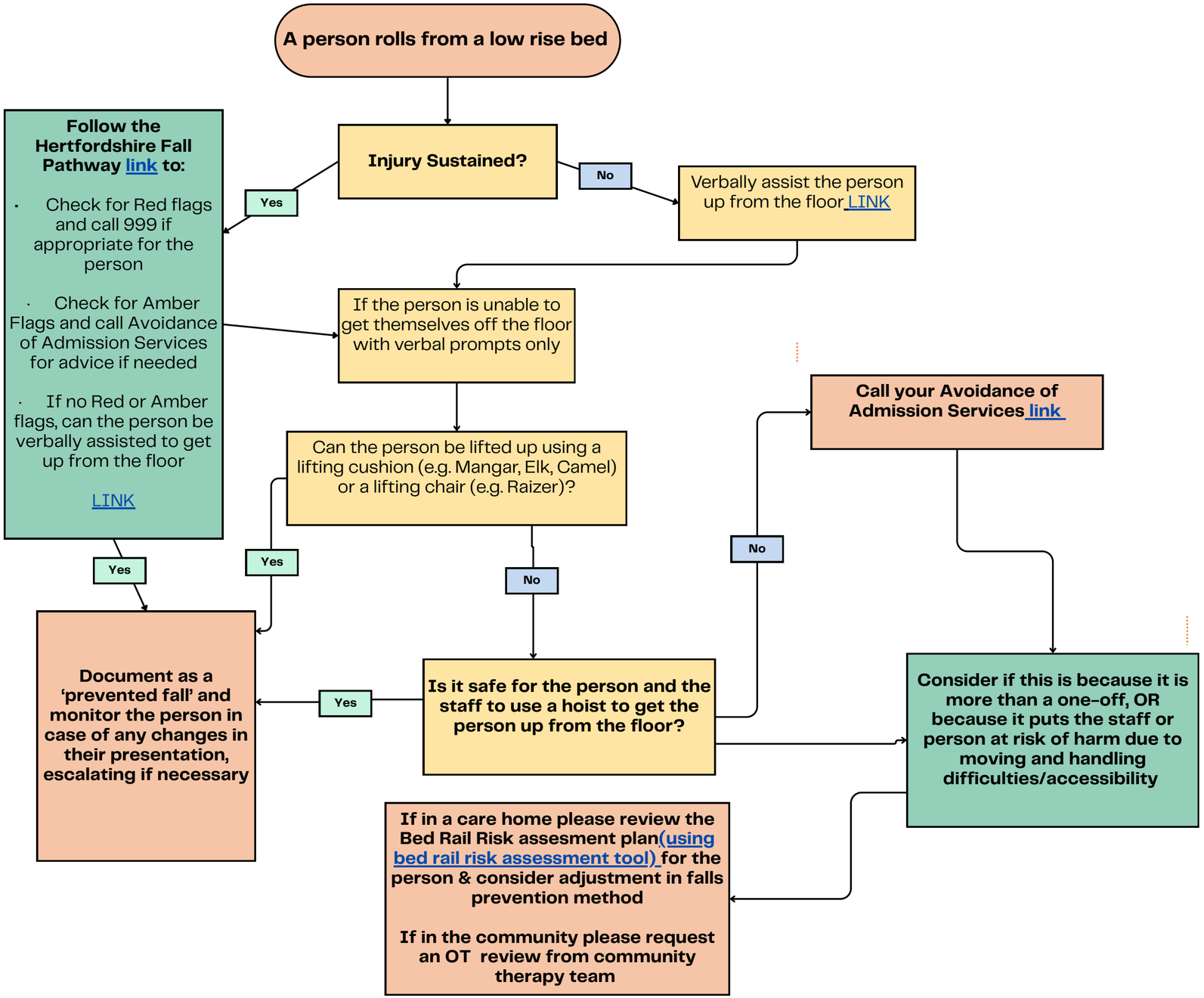ROLLING FROM A LOW RISE BED