

Safe storage and management of Adrenaline Auto-Injectors (EpiPen & Jext)



Storage

Fast access can save lives

- Keep adrenaline auto-injectors in a **clearly labelled, unlocked, and easy to reach** location with a copy of the allergy action plan
- They are single use only, **always have TWO** in case of a malfunction or the need for a second dose
- They must be **accessible at all times** - Do not store in locked trolleys or medication rooms
 - **Think about the resident**
 - ⇒ If **bedbound**, store them **safely in their room or nearby**
 - ⇒ If **mobile**, consider keeping them in a labelled **bag with them**
 - Store at **room temperature** away from heat and light
 - **Check expiry dates** regularly and replace when needed
- Make sure **all staff** know where they are kept and **how to use in an emergency**

Management

An adrenaline auto-injector is an easy to use device to give a quick dose of adrenaline to a resident having a severe allergic reaction (anaphylaxis) which can happen very quickly and affect the whole body.

- It opens airways to help with breathing
- Reduces swelling in the throat and face
- Stabilises blood pressure to prevent shock and collapse

Common triggers include Foods, Medicines, Latex and Insect Stings

Adrenaline auto-injectors are designed for quick and simple use even by non-medical staff so everyone should be trained in administration, please scan the QR codes below for easy to follow guidance.



EpiPen



Jext



MHRA Guidance

Having an allergy action plan in place is crucial as it provides clear step by step instructions on how to recognise and respond to a severe allergic reaction. Please scan this QR code and download the device specific action plan from BSACI. Keep one in the MAR chart and another with the set of adrenaline auto-injectors.



Allergy Plan