



What Vaccines should people with a Learning Disability have this winter?

+ Flu Vaccine

All people with a Learning Disability should be invited for the Flu vaccine. Flu is serious for people with a learning disability. Make sure people are protected. If injections are difficult, those with a learning disability can ask for a nasal spray.

[Protect yourself from flu, have the flu vaccine](#)



+ Covid-19 Vaccine

This winter the COVID-19 vaccine is being offered only to those people with a learning disability who are:

- Aged 75 years and over
- Live in care homes for older adults (not learning disability homes)
- Immunosuppressed (check with their GP)

[COVID-19 vaccination: easy-read leaflet](#)



+ Pneumococcal Vaccine

All people with a learning disability should be considered for a Pneumococcal vaccine because they fall into the risk group of Neurological conditions. People with a Learning Disability are at higher risk of pneumonia and sepsis. This is a one-off injection, not one they will need every year (Ask their GP).

[Easy read guide to the pneumococcal vaccine](#)

