

Care and Support Plan / Risk Assessment Audits

Care and Support Plan Audits

In order to meet the required regulations, it is vital that all Care and Support plans are kept up to date, comprehensive, and include the individual as much as possible. A regular audit will allow you ensure this remains the case.

Each area of the Care and Support plan should be audited:

- One-Page Profile
- Health & Wellbeing
- Communication
- Personal Care
- Mobility
- Moving & Assisting
- Medication
- Nutrition & Hydration
- Financial
- Community Access & Engagement
- Domestic
- Shopping
- Companionship
- Nighttime
- Other

Items to audit:

Some examples of what to audit are below. Note that this is not an exhaustive list, and you may have other areas that you look for

- Is the Care and Support plan in in date?
- Has the Care and Support plan been reviewed?
- Is personal information correct and up to date?
- Is there a photo attached?
- Does the one page profile include: Name to be known by, allergies, medication, key worker, NOK, DOB, medical diagnosis (if applicable), GP surgery, Dentist, NHS number, Dietary requirements, DNACPR/ReSPECT, treatment escalation plan (TEP)
- Is the medication up to date?
- Is it focused on an enabling care approach?
- Is it person centred?
- Is it written in the first person? (know when it should and when it shouldn't be)
- Are there goals and aspirations included in every section?
- Has consent been obtained throughout? (where necessary)
- Is there evidence of an LPA (if appropriate)
- Is there evidence of who was involved/what was agreed

Risk Assessment Audits

Types of risk assessments: (Note that this is not an exhaustive list, and you may have other areas that you look for)

- Mobility risk assessment
- Falls Risk Assessment (Multi-Factorial Risk Assessment -MFRA)
- Moving and Assisting risk assessment
- Health and Safety risk assessment
- Fire evacuation risk assessment (including PEEPs – General risk assessments should be attached to the care/ support plan but PEEP should be kept in the grab bag)
- Environment risk assessment – to include Bedroom risk assessment
- COSHH risk assessment
- Breathing risk assessment
- Nutrition and hydration risk assessment – Choking / Swallow
- Risk Feeding Assessment
- Malnutrition MUST
- Skin integrity risk assessment e.g. Waterlow
- Personal care risk assessment
- Special condition risk assessment (Parkinson, dementia, diabetes etc.)
- Medication risk assessment
- Shopping risk assessment
- Community access risk assessment
- Domestic risk assessment
- Night time risk assessment
- Other