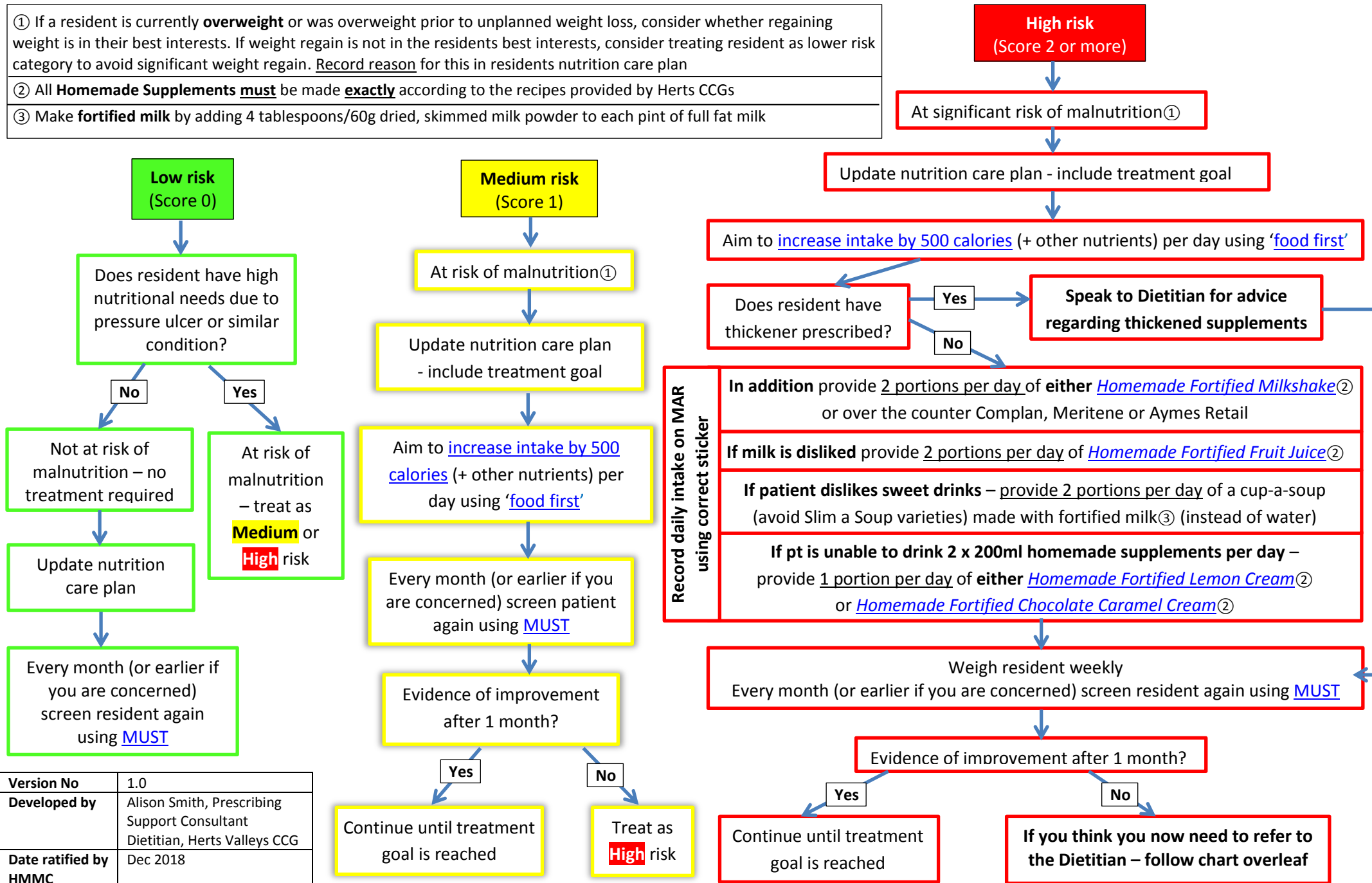


Malnutrition management pathway (based on MUST) – *Make sure this has been followed before contacting the Dietitian*

- ① If a resident is currently **overweight** or was overweight prior to unplanned weight loss, consider whether regaining weight is in their best interests. If weight regain is not in the residents best interests, consider treating resident as lower risk category to avoid significant weight regain. Record reason for this in residents nutrition care plan
- ② All **Homemade Supplements** **must** be made **exactly** according to the recipes provided by Herts CCGs
- ③ Make **fortified milk** by adding 4 tablespoons/60g dried, skimmed milk powder to each pint of full fat milk



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Malnutrition Management Guidelines - Referring a care home resident to the Dietitian because of malnutrition

